





Ofsted

PROUD TO BE LANCASHIRE'S ONLY **'OUTSTANDING** FURTHER EDUCATION COLLEGE

## WHERE CANAN ADULT COURSE TAKE YOU?

**SKILLS GUIDE** 2022/2023

## RETRAIN UPSKILL START YOUR CAREER



START A CAREER YOU ARE PASSIONATE ABOUT. WE HAVE QUALIFICATIONS TO SUIT ALL ABILITIES AT DIFFERENT LEVELS.

**OFSTED OUTSTANDING** 

WE ARE EXTREMELY PROUD OF THE HIGH QUALITY TEACHING AND LEARNING WE OFFER, AND EVEN MORE PROUD THAT THIS WAS RECOGNISED BY OFSTED IN MARCH 2022 WHEN WE RECEIVED OUR 'OUTSTANDING' RATING.

### WHAT OFSTED SAID ABOUT OUR ADULT LEARNERS

"they benefit enormously from an ambitious curriculum." "they develop their subject knowledge and build resilience and motivation." "they are passionate and highly motivated about their education and futures."

### NELSON & COLNE COLLEGE GROUP

Lancashire Adult Learning, alongside Nelson and Colne College, and Accrington and Rossendale College, are part of the Nelson and Colne College Group. Together we offer a wide range of qualifications, to help adults across Lancashire reach their full potential, whether that is to retrain, upskill or start your career.

We pride ourselves on providing qualifications to suit all abilities at different levels. Whether you are looking to build essential skills for employment, retrain or upskill in your current industry or start a career you are passionate about; we have something for you.



| COU | RSEV | /ENU | EKEY |
|-----|------|------|------|
|     |      |      |      |

| ARC   | Accrington & Rossendale College |
|-------|---------------------------------|
| ССВС  | Cotton Court Business Centre    |
| EQUAL | Online Distance Learning        |
| LAL   | Lancashire Adult Learning       |
| NCC   | Nelson & Colne College          |
| TWC   | The Waterside Centre            |

CONTENT **EMPLOYABILITY & V RAILWAY MAINTENA MATHS & ENGLISH COST OF LIVING SUI CONSTRUCTION & M CREATIVE, DIGITAL** HAIR & BEAUTY HEALTH & WELLBEI **CHILDCARE & EDUC SPORT HEALTH & SOCIAL C UNIVERSITY CENTR ADULT & UNIVERSIT FEES & FINANCE** SUPPORT & NEXT STEPS

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## *"IT'S NEVER TOO LATE TO DO SOMETHING WITH YOUR LIFE."*

### - ANDREA HORROCKS

Student at Lancashire Adult Learning and the Association of Colleges Adult Student of the Year nominee

### WHERE DID AN ADULT COURSE TAKE ANDREA?

Andrea has gained an impressive number of qualifications with LAL and has gone on to become the founder and director of watchUSgrow, a charitable organisation and outreach hub based in Chorley.

Andrea said "the first certificate I ever received in my life was as an adult learner, at the age of 51! It proves it's never too late to do something with your life."



### **EMPLOYABILITY &** VOLUNTEERING

### **ARE YOU LOOKING TO RETRAIN, UPSKILL OR START YOUR CAREER?**

Whether you are looking for work or wanting to kickstart your career - we have a wide range of Professional Pathways courses to help you improve your skills in your chosen industry.

We offer face-to-face and distance learning options to ensure that there is something suited to everybody.

#### **COURSES Certificate in** Certificate in Cleanir **Bookkeeping Skills** Business **Business Skills** vledge and Skills quality and Diversity Level 1 Administration Level 2 Level 1 Level 2 (EQUAL) Level 2 **Certificate in** Certificate in the Certificate in the **Certificate in Certificate in Event** Principles of Busines **Principles of** Information, Advice Principles of Team **Planning Level 2 Customer Service** Administration Leading Level 2 or Guidance Level 2 (EQUAL) Level 2 Level 2 Certificate in **Certificate in** Certificate in the Understanding Information. **Certificate in Retail** Understanding Advice and Guida **Principles of** Environmenta **Operations Level 2** Environmental Level 1 Warehousing Level 2 Sustainability Level 2 ustainability Level 2 (EQUAL) Information, **NCFE Principles of FOR MORE** Advice and Guidanc **Mentoring Level 1 Mentoring Level 2** Team Leading Level 2 INFORMATION Level 2 **ON FEES AND** FUNDING, SEE PAGE 30. **EMPLOYABILITY** VOLUNTEERING ALSO, GET SITE READY WITH HEALTH AND





EMPLOYABILITY

**VOLUNTEERING** 

www.nelson.ac.uk

CSCS CARD INCLUDED

Call: 01254 354423

**SAFETY IN CONSTRUCTION TRAINING!** 

Our 3-day course runs most weeks throughout the year from The Waterside Centre, Accrington

Email: Richard.Dwyer@nelsongroup.ac.uk

www.accross.ac.uk

www.lal.ac.uk

### RAILWAY MAINTENANCE

### **ARE YOU INTERESTED IN A CAREER IN THE RAIL INDUSTRY? COMPLETE YOUR LEVEL 2 RAILWAY MAINTENANCE DIPLOMA WITH US!**

This 8-week programme allows you to work on railway tracks in a maintenance and construction capacity and sets you up for an impressive career in the industry.

Our OUTSTANDING teachers have extensive experience on the railways in a variety of positions and you even get to learn at our dedicated rail track facilities.

Courses run throughout the year in Accrington and Preston. Get in touch now to book onto our next Information and Advice Sessions.

Call: 01254 354423 Email: Richard.Dwyer@nelsongroup.ac.uk

"I've been working on the railway for nearly a year now and have learnt so much since passing my NVQ in Rail **Engineering!** 

Applying for the course is definitely the best decision I've made and I highly recommend anyone thinking about doing it to go for it.

You won't regret it and it will change vour life."

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PROFESSIONAL SKILLS



**JAMES CHARLTON** STUDIED LEVEL 2 RAILWAY MAINTENANCE DIPLOMA

PROFESSIO

Courses

be

FREE

subject to e

www.lal.ac.uk

## MATHS & ENGLISH



### **Get your Maths and English Functional Skills Qualifications with us!**

We offer short, flexible, FREE Functional Skills Maths and English courses, that will help you develop the everyday skills needed in life and work.

Functional Skills at Level 2 are equivalent to a GCSE and are accepted by most employers and many further/higher education colleges. Courses are delivered both face to face at a wide range of venues across Lancashire and online.

## ASSESSMENTS

### Our online booking system is now LIVE!

It's easy to book your assessment - simply pick a date, time and venue!

Don't miss your place - book your assessment today!



or visit www.lal.ac.uk! 0333 003 1717

### **ARE YOU** WORRIED **ABOUT HOW THE COST OF LIVING CRISIS WILL AFFECT YOU?**

Would you like to learn more about the positive steps you can take to feel more in control of issues affecting your household?

Lancashire Adult Learning has a wide range of support available to help you take control - with sessions available online and in venues local to you!

**£** 

From financial help and employment and skills training, to mental health support and food budgeting and healthy living.

Visit lal.ac.uk to find out more or Email: enquiries.lal@nelsongroup.ac.uk Call: 0333 003 1717

£

£

## **CONSTRUCTION & MOTOR VEHICLE**

### ARE YOU LOOKING TO SPECIALISE IN A TRADE? OR WANT TO LEARN A NEW SKILL AND GET INVOLVED IN SOME DIY?

Learn more about our wide range of courses available to get you started in your future career and introduce you to a world of DIY possibilities!

Our 'Introduction to' courses will allow you to learn the skills needed to improve your decorating skills, build a brick barbecue, skim and repair plaster surfaces, plus so much more.



### BRICKWORK

| COURSE  | CODE      | VENUE | DAY      | DATE     | TIME      | WEEKS | COST<br>(£) |       |
|---|-----------|-------|----------|----------|-----------|-------|-------------|-------|
| Developing Further<br>Brickwork Skills                      | ABCKP103  | ARC   | WED      | 18th Jan | 6pm - 9pm | 10    | 199.00      |       |
| Introduction to 3D Concrete<br>Printing in the Construction | ABCKP104  | ARC   | WED      | 18th Jan | 6pm - 9pm | 1     | 124.50      |       |
| Environment   | ABCKP104A | ARC   | WED      | 8th Feb  | 6pm - 9pm | 1     | 124.50      | 17 AM |
| Introduction to Bricklaying                                 | ABCKP001A | ARC   | WED      | 18th Jan | 6pm - 9pm | 10    | 199.00      |       |
| Understanding Domestic Retrofit                             | ABCKP201  | ARC   | MULTIPLE | 23rd Jan | 6pm - 9pm | 1     | 95.00       |       |

### **CARPENTRY AND JOINERY**

| COURSE   | CODE      | VENUE | DAY | DATE     | TIME      | WEEKS | COST<br>(£) |   |
|--|-----------|-------|-----|----------|-----------|-------|-------------|---|
| Developing Further<br>Carpentry and Joinery Skills | AWFCP102  | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |   |
| Introduction to Joinery                            | AWFCP004A | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      | 1 |

### **PAINTING AND DECORATING**

| COURSE  | CODE      | VENUE | DAY | DATE     | TIME      | WEEKS | COST<br>(£) | de |  |
|---|-----------|-------|-----|----------|-----------|-------|-------------|----|--|
| Developing Further<br>Painting and Decorating<br>Skills | APADP102  | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |    |  |
| Introduction to Painting<br>and Decorating              | APADP001A | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |    |  |

### PLASTERING

| COURSE                                  | CODE      | VENUE | DAY | DATE     | TIME      | WEEKS | COST<br>(£) |  |
|---|-----------|-------|-----|----------|-----------|-------|-------------|--|
| Developing Further<br>Plastering Skills | APLAP102  | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |  |
| Introduction to Plastering              | APLAP001A | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |  |

### **MOTOR ENGINEERING**

| COURSE                                       | CODE      | VENUE | DAY | DATE     | TIME      | WEEKS | COST<br>(£) |  |
|--|-----------|-------|-----|----------|-----------|-------|-------------|--|
| Introduction to Motor Vehicle<br>Maintenance | AMTRP001A | ARC   | WED | 18th Jan | 6pm - 9pm | 10    | 199.00      |  |



#### FOR MORE INFORMATION ON FEES AND FUNDING, SEE PAGE 30.

### CREATIVE, **DIGITAL & IT**

FOR MORE **INFORMATION ON FEES AND** FUNDING, SEE PAGE 30.

### HAIR & BEAUTY

### **OUR PROFESSIONAL QUALIFICATIONS IN CREATIVE, DIGITAL AND IT RANGE FROM BEGINNERS TO ADVANCED AND ARE DESIGNED TO FIT AROUND YOUR NEEDS.**

Whether you are looking to gain confidence, enhance your career prospects or retrain; our programmes are designed to help you thrive within this industry.

| COURSE  | CODE      | VENUE  | DAY | DATE     | TIME                | WEEKS | COST<br>(£) |
|---|-----------|--------|-----|----------|---------------------|-------|-------------|
| Award in Digital<br>Promotion<br>for Business<br>Level 2                | BICN1037B | NCC    | THU | 26th Jan | 6pm - 9pm           | 6     | 95.00       |
| Certificate in<br>Cyber Security<br>and Digital<br>Forensics<br>Level 2 | NICTP202  | NCC    | THU | 19th Jan | 6pm - 9pm           | 20    | 850.00      |
| Create a<br>Professional<br>Wordpress<br>Website                        | BICN1022A | Online | MON | 23rd Jan | 6pm - 9pm           | 3     | 95.00       |
| Fashion and<br>Textiles<br>Level 2                                      | NADSP301  | NCC    | WED | 18th Jan | 6pm - 9pm           | 15    | 850.00      |
| Extended<br>Diploma in<br>Cyber<br>Awareness                            | NICTP203  | NCC    | WED | 18th Jan | 6pm - 9pm           | 20    | 1300.00     |
| Staying Safe<br>Online and<br>Cyber Security<br>Level 1                 | BICN1058B | ARC    | TUE | 24th Jan | 9:30am -<br>12:30pm | 6     | 95.00       |
| Staying Safe<br>Online and<br>Cyber Security<br>Level 1                 | BICN1058C | CCBC   | MON | 23rd Jan | 12pm - 3pm          | 6     | 95.00       |
| Next Steps in<br>using :<br>Wordpress<br>website                        | BICN1036  | Online | MON | 20th Feb | 6pm - 9pm           | 3     | 95.00       |
| Social Media<br>Marketing<br>Level 2                                    | NICTP201  | NCC    | WED | 18th Jan | 6pm - 9pm           | 15    | 150.00      |

Find out more at www.nelson.ac.uk/adults/ and www.accross.ac.uk/adults/

### WHETHER YOU ARE LOOKING TO UPSKILL, **RETRAIN OR START YOUR CAREER IN THE HAIR,** BARBERING AND BEAUTY INDUSTRY; WE HAVE **THE RIGHT QUALIFICATION FOR YOU!**

### HAIR

| COURSE  | CODE      | VENUE | DAY      | DATE     | TIME               | WEEKS | COST<br>(£) |
|---|-----------|-------|----------|----------|--------------------|-------|-------------|
| Barbering<br>Professional<br>Level 2            | AHASP204  | ARC   | MULTIPLE | 17th Jan | 5:30pm -<br>8:30pm | 18    | 550.00      |
| Barbering<br>Professional<br>Level 2            | NHASP204A | NCC   | MULTIPLE | 17th Jan | 5:30pm -<br>8:30pm | 18    | 550.00      |
| Hair<br>Professional:<br>Cutting<br>(Part-time) | AHASP207A | ARC   | MULTIPLE | 16th Jan | 5:30pm -<br>8:30pm | 18    | 550.00      |
| Hair<br>Professional:<br>Cutting<br>(Part-time) | NHASP2073 | NCC   | MULTIPLE | 16th Jan | 5:30pm -<br>8:30pm | 18    | 550.00      |

### BEAUTY

| COURSE   | CODE     | VENUE | DAY | DATE     | TIME               | WEEKS | COST<br>(£) |
|--|----------|-------|-----|----------|--------------------|-------|-------------|
| Make-up<br>Professional                        | NBTSP208 | NCC   | MON | 16th Jan | 5:30pm -<br>9:30pm | 18    | 550.00      |
| Nail<br>Professional<br>(Part-time)<br>Level 2 | ABTSP204 | ARC   | MON | 16th Jan | 5:30pm -<br>9:30pm | 18    | 1,350.00    |

Our courses are delivered in partnership with local and national employers such as Neal & Wolf and ELEMIS.

Short courses available for those currently working within a hair & beauty setting.

Contact: distinction@nelsongroup.ac.uk

www.nelson.ac.uk

www.accross.ac.uk





www.lal.ac.uk

## WHERE ARE ADULT **COURSES TAKING OURHAIR&BEAUTY STUDENTS?**



Danielle owns her own beauty salon and is currently upskilling in hair skills in order to expand the level of services she can offer to her clients.

The tutors on her course are very skilled and knowledgeable which really helps to improve her understanding of the more complex techniques.

Danielle runs her own business when not gaining her qualification, so enjoys the flexibility offered by an adult course.



**DANIELLE COOMBES** LEVEL 3 HAIRDRESSING

Sue took an interest in the adult hairdressing course after her daughter enrolled on Nelson and Colne College's 16-18 equivalent.

Sue is looking to upskill to take on a permanent residency within a local salon. She is enjoying the course and developing her skills as a hairdresser.



**SUE RIDEHALGH** LEVEL 3 HAIRDRESSING

### Distinction Hair & Beauty Salon

Luxury hair, barbering and beauty treatments local to you at discounted prices. Contact us to find out more and book an appointment distinction@nelsongroup.ac.uk Nelson & Colne College: 01282 440 330 Accrington & Rossendale College: 01254 389 933



To book your appointment and get a salon price list email:

distinction@nelsongroup.ac.uk









all treatments at any of our Distinction Salons

Valid Until: 30th June 2023

### HEALTH& WELLBEING

**THESE COURSES** ARE FREE IF **YOU LIVE IN** LANCASHIRE!

NEVER HAS IT BEEN MORE IMPORTANT TO TAKE TIME OUT FOR YOU. OUR **RANGE OF HEALTH AND WELLBEING COURSES ARE DESIGNED TO HELP** YOU FIND NEW WAYS TO RELAX, DE-STRESS, BE HEALTHIER, OR FEEL MORE FULFILLED.

| COURSE  | CODE     | VENUE  | DAY | DATE    | TIME     | WEEKS    |
|---|----------|--------|-----|---------|----------|----------|
|   |          |        |     |         |          |          |
| Certficate in Wellbeing Level 1                         | ABTSP204 | Online | MON | Various | Flexible | Flexible |
| Planning and Facilitating<br>Exercise with Older Adults | BHBT1279 | Online | MON | Various | Flexible | Flexible |

Find out more and see a full list of courses at www.lal.ac.uk/what-we-do/health-wellbeing/

### HORTICULTURE

**THESE COURSES ARE FREE IF YOU LIVE IN** LANCASHIRE!

MAYBE YOU'RE INTERESTED IN LEARNING HOW TO MAINTAIN YOUR GARDEN, OR GROW YOUR OWN FRUIT AND VEG. ARE YOU ALREADY GREEN FINGERED AND WOULD LIKE TO ENHANCE YOUR EXISTING HORTICULTURE SKILLS AND **KNOWLEDGE?** 

DAV

DATE

VENUE

COUDEE

| COURSE  |           | VENUE  | DAT | DATE         |               | WEERS |
|---|-----------|--------|-----|--------------|---------------|-------|
|   |           |        |     |              |               |       |
| Award in Practical<br>Horticulture Skills Level 1 | BHON1005  | NCC    | THU | 23rd March   | 9:30am - 12pm | 6     |
| Introduction to Gardening<br>Skills               | BHON1003A | NCC    | THU | 5th January  | 9:30am - 12pm | 3     |
| Introduction to Gardening<br>Skills               | BHON1003  | Online | TUE | 10th January | 1:30pm - 4pm  | 3     |
| Practical Gardening Skills                        | BHON1004A | NCC    | THU | 26th January | 9:30am - 12pm | 7     |
| Practical Gardening Skills                        | BHON1004  | Online | TUE | 31st January | 1:30pm - 4pm  | 7     |

Find out more at www.lal.ac.uk/what-we-do/horticulture/

## CHILDCARE & EDUCATION

YOU WILL NOT ONLY BENEFIT FROM PROGRAMMES THAT HAVE BEEN DESIGNED TO HELP YOU THRIVE WITHIN THE CHILDCARE AND EDUCATION PROFESSION, BUT YOU WILL ALSO JOIN A GROUP OF COLLEGES THAT HAVE A LONG TRACK RECORD OF ACADEMIC SUCCESS AND A HISTORY OF OUTSTANDING QUALITY - GIVING YOU AN ADVANTAGE IN YOUR CAREER.

| COURSE   | VENUE  | DATE     | TIME             | COST(£) |
|--|--------|----------|------------------|---------|
| Award in Caring for Children Level 1   | Online | 9th Jan  | 9:30am - 12pm    | 95.00   |
| CACHE Award in Preparing<br>to Work in Schools Level 1                                   | Online | 9th Jan  | 12:30pm - 3pm    | 95.00   |
| Get Into Working in an<br>Early Years Setting  | Online | 4th Jan  | 9:30am - 11:30am | Free    |
| Get Into Working in an<br>Early Years Setting  | Online | 10th Jan | 1pm-3pm          | Free    |
| NCFE CACHE Level 2 Certificate in<br>Introducing Caring for Children and<br>Young People | Online | 10th Jan | 9:30am - 12pm    | 150.00  |

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**BEGINNINGS** 

> WE OFFER A WIDE RANGE **OF FREE COURSES TO HELP** YOU SUPPORT YOUR FAMILY'S LEARNING AND DEVELOPMENT.

**FOR MORE INFORMATION ON FEES AND** FUNDING, SEE PAGE 30.

PROFESSIONAL SKILLS

**Courses may even be FREE** 



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## SPORT

**FOR MORE INFORMATION ON FEES AND** FUNDING. SEE PAGE 30.

### **ARE YOU INTERESTED IN BECOMING A PERSONAL TRAINER?**

### **OUR CERTIFICATE IN FITNESS INSTRUCTING LEVEL 2 CAN HELP YOU GET THERE!**

You will learn how to work with clients in a gym environment delivering safe, effective and purposeful gym inductions and fitness sessions. You will study a range of units aimed at developing your knowledge, skills and behaviours in support of a successful career.

Start Date: 4th Jan Duration: 20 Weeks Time: 6pm-9pm Cost: **£299** 



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## GO, DEBBIE!

**DEBBIE MARPLES PLANS ON USING THE KNOWLEDGE** AND SKILLS SHE'S GAINED, ON THE LEVEL 2 FITNESS COURSE, TO SET UP HER OWN BUSINESS

"I applied for the Level 2 Fitness Instructor course at Accrington & Rossendale College as I enjoy fitness, but also because I wanted to set up my own business in Health and Social Care as a home help."

"In time I see myself using this to further my learning and business by completing my **Level 3 Personal Training and** then specific training around older people's exercise and fall prevention to support my business aims in enabling people to stay at home longer, improving and supporting indendence and reducing fall risks."

"I have found the course really interesting and both of my tutors are very knowledgeable and supportive."





## HEALTH& SOCIAL CARE

**FOR MORE INFORMATION ON FEES AND FUNDING**, SEE PAGE 30.

**OUR QUALIFICATIONS ARE DESIGNED TO INTRODUCE YOU TO THE HEALTH** AND SOCIAL CARE SECTOR, PROVIDING THE SKILLS AND KNOWLEDGE **NEEDED TO HELP YOU THRIVE IN YOUR CHOSEN SPECIALISM.** 

### **IN-VENUE COURSES**

| COURSE  | CODE                   | VENUE | DAY | DATE     | TIME             | WEEKS | COST (£) |
|---|------------------------|-------|-----|----------|------------------|-------|----------|
|   |                        |       |     |          |                  |       |          |
| Award in<br>Emergency   | BHSN1061H              | TWC   | FRI | 13th Jan | 9:30am - 4:30pm  | 1     | 30.00    |
| First Aid at Work<br>Level 3  | BHSN1061I              | TWC   | FRI | 10th Feb | 9:30am - 4:30pm  | 1     | 30.00    |
| Award in<br>Emergency   | BHSN1049C              | TWC   | FRI | 27th Jan | 9:30am - 4:30pm  | 1     | 30.00    |
| Paediatric First<br>Aid Level 3   | BHSN1049               | LAL   | TUE | 7th Feb  | 9:30am - 4:30pm  | 1     | 30.00    |
| Award in First<br>Aid at Work<br>Level 3  | BHSN1062D              | ARC   | THU | 26th Jan | 9:30am - 4:30pm  | 3     | 150.00   |
| Certificate in<br>Health and Social<br>Care Level 1                                     | BHSN1019               | TWC   | MON | 16th Jan | 1pm - 4pm        | 10    | 95.00    |
| Health & Social<br>Care: Work Ready<br>Skills   | BHSN1051B              | TWC   | MON | 16th Jan | 9:30am - 3pm     | 4     | 150.00   |
| Introduction to<br>Drug and Alcohol<br>Awareness  | BHSN1086A              | TWC   | MON | 9th Jan  | 1pm - 4pm        | 4     | 45.00    |
| Introduction to<br>Mental Health<br>Awareness<br>Level 2                                | BHSN1064A              | TWC   | THU | 5th Jan  | 1pm - 4pm        | 5     | 45.00    |
| Introduction to<br>Working in Adult   | BHSN1066               | TWC   | THU | 19th Jan | 9:30am - 12:30pm | 10    | 95.00    |
| Social Care   | BHSN1066A              | TWC   | TUE | 21st Feb | 9:30am - 12:30pm | 12    | 95.00    |
| Mental Health<br>Awareness<br>Level 2   | BHSN1085B              | TWC   | TUE | 17th Jan | 1pm - 4pm        | 14    | 150.00   |
| Mental Health<br>First Aid in the   | BHSN1063B              | ARC   | THU | 5th Jan  | 9:30am - 4:30pm  | 2     | 150.00   |
| Workplace   | BHSN1063               | ARC   | MON | 2nd Feb  | 9:30am - 4:30pm  | 2     | 150.00   |
| Pre Access<br>Programme   | BHSN<br>10942022/2023  | ARC   | MON | 23rd Jan | 9:30am - 3pm     | 23    | FREE     |
| Understanding<br>Autism Level 2   | BHSN<br>10932022/2023  | ARC   | TUE | 24th Jan | 9:30am - 12:30pm | 14    | 150.00   |
| Understanding<br>Children and<br>Young People's<br>Mental Health<br>Level 2 Certificate | BHSN<br>10142022/2023A | TWC   | THU | 12th Jan | 1pm-4pm          | 14    | 150.00   |

Find out more at www.lal.ac.uk/what-we-do/health-and-social-care/

### **JOIN OUR ONLINE COLLEGE!**

### LANCASHIRE ADULT LEARNING, IN PARTNERSHIP WITH THE SKILLS NETWORK, HAS ALSO DEVELOPED A DEDICATED DISTANCE LEARNING OFFER!

The following courses are accessed through our dedicated EQUAL portal which allows unlimited online access to interactive learning resources and activities designed to assess your knowledge and understanding towards recognised qualifications.

The courses are designed for independent learning with the individualised support from subject specialist tutors throughout your learning. Unlock your potential from the comfort of your own home.

| COURSE                             | TYPICAL COURSE LENGTH |
|------------------------------------|-----------------------|
| Award in Alcohol Awareness Level 1 | 6-8 Weeks             |
| Award in Substance Misuse Level 1  | 6-8 Weeks             |

| COURSE  | TYPICAL COURSE LENGTH |
|---|-----------------------|
| Certificate in Mental Health First Aid and Mental Health<br>Advocacy in the Workplace Level 2 | 10 to 12 Weeks        |
| Certificate in Principles of Dementia Care Level 2  | 10 to 12 Weeks        |
| Certificate in Safeguarding, Prevent and British Values<br>Level 2                            | 10 to 12 Weeks        |
| Certificate in Self Harm, Suicide Awareness and<br>Prevention Level 2                         | 10 to 12 Weeks        |
| Certificate in Understanding Autism Level 2   | 10 to 12 Weeks        |
| Certificate in Understanding Children and Young<br>People's Mental Health Level 2             | 10 to 12 Weeks        |
| Certificate in Understanding Common<br>Childhood Illnesses Level 2                            | 10 to 12 Weeks        |
| Certificate in Principles of Prevention and Control of<br>Infection Level 2                   | 10 to 12 Weeks        |
| Certificate in Common Health Conditions Level 2   | 10 to 12 Weeks        |



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"NEVER IN A MILLION YEARS DID I THINK THIS IS WHERE I'D BE NOW, MUCH LESS THAT I'D BE WINNING AWARDS FOR MY LEARNING!"



### WHERE DID AN ADULT COURSE TAKE CARL?

Having completed a Level 1 and Level 2 Mental Health course, at Accrington & Rossendale College, Carl is busily studying for his Level 2 English and Maths before he goes on to pursue a Level 3 in Mental Health.

His goal then is to study for a Mental Health degree at Accrington & Rossendale College.

Carl knows that, due to being dyslexic, obtaining qualifications in English and Maths will prove a challenge for but his determination knows no bounds and Lancashire Adult Learning has armed him with the skills for interpreting information to develop his writing.



### On his remarkable journey, Carl said:

"Learning doesn't come easy to me. I left school with no qualifications and was only diagnosed with dyslexia later in life."

"Had I, and the school, been aware that I was dyslexic, things may have worked out differently for me. Instead, I was pretty much written off as being 'thick'. I'm quite sure this contributed to the downward spiral I found myself trapped in."

"Rather than losing myself to resentment though, all I want to do now is help other people who have also taken wrong turns in life, whatever the reasons. I particularly want to help other addicts see they can break the cycle of addiction."

"Never in a million years did I think this where I'd be now, much less that I'd be winning awards for my learning. I want others to see there is a way back."

## Reach University Courses

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# TAKE **YOU2**

### **DO YOU WANT TO FIND OUT MORE ABOUT OUR COURSES?** JOIN US AT ONE OF OUR ADULT **AND UNIVERSITY ADVICE EVENTS!**

**NELSON AND COLNE** COLLEGE **TUESDAY 10TH JANUARY** 5.30PM - 7:30PM

THE WATERSIDE CENTRE ACCRINGTON WEDNESDAY 11TH JANUARY 1:00PM - 3:00PM

- Meet our expert tutors
- Get help with fees and finance and find out how you may be able to study for FREE\*
- Explore our flexible study options to fit around your home and work life

You can even enrol on the night!

Come along to get your questions answered! Scan below to find out and register today!

**ACCRINGTON AND ROSSENDALE COLLEGE** WEDNESDAY 11TH JANUARY 5.30PM - 7:30PM



## FEES& FINANCE

### **FREE Courses**

These courses are free for Lancashire residents. If you live outside the catchment area, a fee will apply. To find out more contact our Student Services Team on 01282 440 209 or 01254 354 143

### **Courses that may be FREE**

For most of our Professional Qualifications fees do apply, however you may be eligible to have your fees waived if you are in receipt of certain benefits (evidence must be provided).

- Eligible active benefits include:
- Jobseeker's Allowance •
- **Employment and Support Allowance** •
- Universal Credit (unemployed or earning less than £345 a month)
- Carers Allowance
- Child Tax Credit
- **Disability Living Allowance**
- Housing Benefit Income Support
- Unemployed and on another state benefit

### Other fee waiver criteria may apply, including:

- Studying for your first full Level 1 or 2 qualification on an eligible course (aged 19-23)
- Studying for your first full Level 3 qualification on an eligible course (aged 19+)
- Those in employment with a gross annual income of less than £17,374

For more information on course fees including fee waivers please contact our Student Services Team on 01282 440 209 or 01254 354 143.

Eligible learners can attend a maximum of two fee remitted courses each year and must show proof of their benefits at enrolment. If you need help or would like to ask us a question contact us on 01282 440 209 or 01254 354 143.

#### Learner Loans

For some of our qualifications, learners can apply for loans to cover the costs of their course. The following loans may be available for you to apply for:

HE Loans (for Level 4 courses and above): www.slc.co.uk Advanced Learner Loans (for Level 3/4 courses): www.gov.uk/advancedlearner-loan

Further details can be found on www.gov.uk/studentfinance or by contacting the HE Office on he@nelsongroup.ac.uk or 01254 354047.

### Lifetime Skills Guarantee

As part of the Lifetime Skills Guarantee, a new government initiative, adults in England who are aged 19 and over, and do not yet have A levels or equivalent can now take their first full Level 3 gualification for free (Courses can be subject to change).

### How to Pay

If you do need to pay for a course, you can pay by Visa, Mastercard, cheque, or cash. Payments in instalments may be available for some courses.

If you need any support, information or guidance about enrolling onto a course including your course fees, please contact our Student Services team on 01282 440 209 or 01254 354 143.

## SUPPORT & NEXTSTEPS

### Need support and guidance?

You can get in touch with us at anytime:

Nelson & Colne College Phone: 01282 440 209 Email: studentservices@nelsongroup.ac.uk

Accrington & Rossendale College Phone: 01254 354 143 Email: studentservices@nelsongroup.ac.uk

Lancashire Adult Learning Phone: 0333 003 1717 Email: enguiries.lal@nelsongroup.ac.uk

### **Disability Support**

Whether you have a physical, hearning or visual disability, we are equipped to support you with all the access and learning resources you need to succeed at college.

### Learning Support

If you require any learning support, whether that be due to dyslexia, dyspraxia, Asperger's, autism or just help to manage yourstudy workload, we've got you. All our support is confidential and any information you provide will always be kept between you and the appropriate professionals.

Here are some of the many ways we can help:

- Support inside and outside the classroom
- Workshops
- Extra exam time •
- Tailored support needs



### Interested in studying a course with us?

Here's what you can do:

- Register your interest
- Apply
- Enrol online

For a number of our courses you will need to apply online before you enrol; we will then be in touch to speak to you about the course you are interested in. You may be required to attend an interview.

Visit the adult courses section online at **www.nelson.ac.uk**. www.accross.ac.uk or www.lal.ac.uk; select the course you would like to study and it will give you one of the above options. Fill in your details and we will be in touch with your next steps.











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www.nelson.ac.uk | www.accross.ac.uk | www.lal.ac.uk